

Non Clinical Doctors

REAL STORIES OF PHYSICIAN TRANSITIONS INTO NONCLINICAL WORK

Aesthetic Medicine Licensing

11/18/2020

4 Comments



Deven Sharma MD talks about certification in lifestyle medicine.

Having completed a Bachelor of Commerce degree in 1994 and a Law Degree in 2005, the field of medicine appealed to me. In 2014, I decided to explore MD study. At my stage of life, I preferred to do an MD without an intern/residency requirement, and I got my MD at Blue Marble University Medical School -Dominica, which did not have a clinical/residency requirement and could be completed entirely online. I started my

MD in 2014 and completed it at the end of 2016.

I had an interest in lifestyle medicine, so I contacted the International Board of Lifestyle Medicine (IBLM). Based on my qualifications, I had to do a health-related master's level degree from an accredited educational institute. I completed a Masters in E -Health & Telemedicine Management (METM) from UCAM University in Spain. This allowed me to sit for my board certification exam with IBLM in 2020 and I am now a Certified Lifestyle Medicine Professional, which allows me to practice lifestyle medicine. The program took 1 year for the master's degree and then around 4 to 5 months self-study for IBLM certification exam.

I am also a certified health coach with American Council on Exercise (ACE) and I completed further training in Medical Laser Therapy for Pain Management and Rehabilitation. [Here](#) are the ACE health coach certification requirements.

As for medical laser therapy, the prerequisites vary. However, you generally need some health background like an MD, DO, RN or PA. For low level laser, which I use for pain management, there is no licensing requirement. However, without recognized training you are likely to have problems with insurance payments. In 2020 I completed my Lifestyle Medicine Certification with European Lifestyle Medicine Organization and act as the ELMO Ambassador in New Zealand (Oceania). ELMO is The European Lifestyle Medicine Organization. At the moment I am the sole ambassador in New Zealand.

I have completed my fellowship training with the Australian Society of Lifestyle Medicine (ASLM) and am now designated FASLM.

In mid-2020 I purchased a specialist practice that had already been established for 25 years. I am the CEO of this practice and I am now adding lifestyle medicine to this practice. My MD provides tremendous scope in practical terms for non-clinical work, and the job of CEO is much easier with an MD education.

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Dr. Sharma also has professional qualifications and training as a lawyer and a Chartered Accountant.

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4 Comments

Vimal Sharma

11/19/2020 03:35:38 am

I was very thrilled and proud of my bro in law, Dr Deven Sharma of Auckland in achieving his medical status in various demanding fields..too many to mention here.
He is an astute scholar...and a great positive achiever.
I would like to sincerely congratulate him in attaining such high status in his varied health subjects which he passed in flying colours.
So proud of him...

Reply

Deven

11/19/2020 02:42:54 pm

Vimal a heartfelt gratitude to both you and Manju for all the endless support and encouragement you have given me . Much appreciated.

Reply

Walter P. Drake

11/19/2020 03:25:46 pm

Dear Dr. Deven Sharma- What a terrific story of how one graduate of our 3 year online Doctor of Medicine (M.D.) program from Blue Marble University Medical School continued on to add additional credentials and use our degree to enter clinical practice management! This was always the intent for using our Md degree in a non-clinical medical career, and you are such an excellent example of how this could work. Many of our other graduates use our degree within the pharmaceutical industry also. Wishing you all the best of success, and once these things get rolling, as you have started, I am sure that many more opportunities will come along to allow you to expand your entry into the medical field even more...that is if you want to. Thanks so much for sharing. Walter

Reply

DEVEN P SHARMA

11/23/2020 01:29:25 pm

Thank you so much Walter . Proud to be one of your pioneering MD students.

Reply

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